



2023 High School Girls – NCAA Certified Periods and NON-Shoe Circuit Information

FOH Seattle has been a NON-Shoe Circuit program since we started in 2013. We have still seen some of the top high school girls' players play with us and have moved on and have played in D1, D2, NAIA, D3, and Junior College.

A couple things to note:

- **We have no ill-will towards the shoe-circuit teams** – nor do we think that the shoe circuits are bad. We have a great relationship with the local PNW shoe teams. Although we battle them for players, we wish all players the best chance to be seen by colleges and can pursue education and athletic dreams. Our opinion is that the 2nd Tier shoe circuits are hit or miss – and that our teams are better and play in front of more schools. We have history to prove this and will continue to do so. Our philosophy over the past years has been to get our players seen by schools on the West Coast and help find the right fit for them.
- **Our belief is that we are playing in the best NON-shoe circuit on the West Coast!!** Better than any 2nd Tier level shoe circuit. End of Trail Basketball, Elite is Earned, Tournament of Champions have put together great events over the years and our plan as of now is continuing to support these endeavors.
- **Things have changed regarding recruiting, transfer portal, and covid playing its part** – where we feel that high school players need to find the right fit for them to pursue academics and athletics at the same time. The NCAA has only allowed 4 sanctioned periods for “non-scholastic” viewing periods which we attend (1 in April, 1 in May and 2 in July).
 - **2023 NCAA D1 Sanctioned Viewing/Evaluation Periods:**
 - ***April 28-30** = FOH Seattle attending: Pleasanton, CA EOT event
 - ***May 19-21** = FOH Seattle attending: Phoenix, AZ TOC event
 - ***July 7-10** = FOH Seattle attending: Chicago, IL TOC event
 - ***July 20-24** = FOH Seattle attending: Roseville, CA EOT event
- Lastly, if you play for our program, it does not mean you will go D1 or play in the WNBA. We do NOT promise kids the wrong thing. What we do promise; you will get good coaching, you will learn how to play the game, we will try and do our best to get you seen in front of the appropriate schools, and most importantly – you will have fun. Our motto is “College coaches will find the players.”

Cost, Fees, Schedule:

- Please refer to our information/cost/fees form.
- High School travel season is expensive – we have tried to add very little/most in-expensive travel schedule that we could.
- We are a pay-to-play organization. We do have scholarships available – but honestly have very little funds since the covid pandemic in terms of scholarship opportunities – we do work with families on this cost as best that we can. We have never turned away a player because they can't pay, but we work with those players on a payment plan of some type.

Thank you for taking your time in reading this!!