



2018 Spring/Summer Season Information

3rd - 8th Boys and Girls Teams

Season Length

- **Tryouts:** February 26th thru March 1st
- **Season Start Date:** March 2nd
- **Season End Date:** July 30th
- **Length:** 5 months (March, April, May, June, July)

Cost and Fees:

- **\$1000 team fee (\$200 per month)** (includes: tournament fees (8), gym rentals, coaches & admin fees)
- **\$100 Uniform** = Uniform are for NEW players and/or returning players who would like to purchase a new uniform. If you have a current uniform, you may use it from past seasons (Spring, Fall/Winter 2017-18)
- **\$200 fundraiser** = Each player will receive 20 Brown Bear car wash tickets and 10 Jamba Juice cards. These are yours to keep and sell. Once you sell them, **100% (up to \$200) of the proceeds go back to you.**
- **Total Season fee = \$1,200 (5 months, fundraiser, uniform)**
 - \$500 due March 16th (*secures spot on team)
 - \$300 due April 13th
 - \$250 due May 11th
 - \$250 due June 8th
- ****All Out of Town trips – Teams will be invoiced for the Travel costs for coaches divided by players attended.**
- ****Any extra tournaments – Teams will be invoiced for the cost divided by players attended.**

Practices:

- **How many?:** Teams will typically have two practices a week for 1.5 hrs long
- **Where? :** Practices are at local Bellevue area gyms that we have access too. We do NOT have a facility and have to rent gym space from local gyms. Gym time is limited.
 - Projected Gyms:
 - Bellevue College, Bellevue School District Middle Schools, Emerson High School (Kirkland)
- **When? :** Practice dates and times can fluctuate from team to team based off of team conflicts and gym space available. Our older teams usually practice in the later timeslots we have.

Tournaments and Leagues:

- Boys Teams: 8 Tournaments over the 5 month period (Local and Travel tournaments)
- Girls Teams: 8 Tournaments over the 5 month period (Local and Travel tournaments)
 - *Each team will pick the tournaments that they attend, with guidance from FOH administration and coaches.*
 - **Any extra tournaments or Las Vegas tournament in July is an additional cost to the players who attend, divided equally.*

Misc Items:

- **AAU Numbers:** Each player is required to have an up-to-date AAU Membership.
- **Trainings:** We do NOT specifically offer individual trainings, but most of our coaches do trainings. In the past we have offered additional trainings at an additional cost. More information to come.

About FOH Seattle:

This spring/summer season our Friends of Hoop (FOH) Seattle Basketball organization is continuing to grow its program with teams in the 3rd-11th grades. The teams that we will form this spring/summer will participate in both local and regional tournaments. We will be scheduling two 1.5 hour long practices for our high school teams, and at times once a week.

We schedule our season based on NCAA sanctioned tournaments, and our players current high school – school teams.

FOH is a non-profit 501c3 organization that has been putting together high school aged teams since 1997. Past teams have relied on the financial support of sponsors and contributors to help build our high school program. There are costs associated with running our high school program, including; travel, lodging, tournament fees, gym time, and other various costs. The player fees listed above do not cover all of these costs, we appreciate our donors and sponsors. Donations have supported many of our teams and players in so many ways. If anyone is interested in sponsoring a team or helping scholarship some of our future players, please reach out to FOH administration at your earliest convenience.

****We are extremely excited to have former FOH player, current NBA Chicago Bulls player and NBA 2x Slam Dunk Champion, Zach LaVine giving back and supporting again this year. Our 17u top team will once again be called “FOH Team LaVine” ****

****We are extremely excited to have current WNBA Seattle Storm player, 2015 WNBA Rookie of the Year, and 2016 All-WNBA Second Team; Jewell Loyd giving back and supporting again this year. Our top girls team will once again be called “FOH Team Loyd” ****

Thank you for your interest in FOH Seattle!

Thanks,

FOH Administration